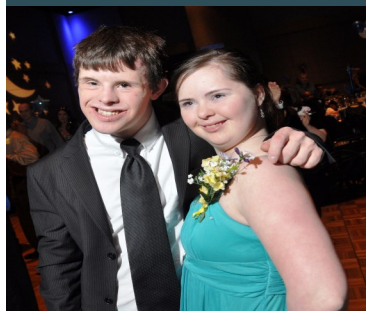




5916 Dearborn Street
Mission, KS 66202
kcdsi.org
info@kcdsi.org
913-384-4848



"This is a wonderful conference. I am able to attend breakout sessions on topics that matter to me and receive encouragement and support along with ideas on how to move forward and help my daughter. Thank you for all you do to support my family."

Who should attend the Keys to Success Conference?

- Parents
- Grandparents
- Other family members
- Medical professionals
- Educators
- Therapists
- Service providers
- Direct care staff

The goal of the conference is to provide all attendees with practical information and tools to help individuals with Down syndrome become successful in inclusive settings in the community and to enhance all attendees knowledge of Down syndrome and available local resources.

Down Syndrome Innovations and 7 Billion Ones present...

Just As I Am

Portraits and Stories of People with Down Syndrome

August 6th - October 30th

Leedy-Voukos Art Center
Main Gallery
2012 Baltimore Avenue
Kansas City, MO 64108

Just As I Am invites us to view the world through the lens of someone living with Down syndrome.

FREE Admission!

*Gallery Hours:
Thursday - Saturday, 11 am - 5 pm
*First Fridays: 6 - 9 pm

Be sure to invite your friends and family to visit the Just As I Am (JAIA) gallery at the Leedy Volkous Art Center in the Crossroads Th-S 11 AM -5 PM. JAIA helps us to view the world through the lens of someone living with Down syndrome. ugh raw, authentic stories, intimate portraiture and short film series, as to change the way we see those with Down syndrome.

People with Down syndrome have an extraordinary ability to see the good, joy, and beauty in this world that the rest of us can't see. This project challenges us to celebrate people with Down syndrome just as they are.

Keys to Success Conference



SCHEDULE

Registration
Continental Breakfast
8:00 AM—8:45 AM

Keynote Speakers
9:00 AM—10:00 AM

Break
10:00 AM—10:15 AM

Breakout Sessions
10:15 AM—11:45 AM

Lunch
11:45 AM—1:00 PM

Breakout Sessions
1:00 PM—2:30 PM

Break
2:30 PM—2:45 PM

Breakout Sessions
2:45 PM—4:15 PM

Closing Remarks
Door Prize Drawing
4:15 PM-4:30 pm



Saturday, November 13, 2021
8:00 AM-4:30 PM

Overland Park Convention Center

Registration: \$65 per person
Includes continental breakfast and box lunch

Keynote Speakers



Chris Ringot grew up in Savannah Missouri and has been involved with Special Olympics for 20 years. He is now coaching younger athletes and seeking a degree in coaching through the SO Athlete Leadership Program. Chris's dream was to move to KC and work at Children's Mercy Hospital. In 2017 he made that dream a reality and he now works as a supplies assistant stocking exam rooms and making PPE kits. Chris met Carissa in 2012 at a DSI fundraiser and they began dating immediately and making plans to marry. They were wed in 2020 and now enjoy working, volunteering at church, playing sports and spending time with family and friends.



Carissa Myers Ringot was born and raised in Kansas City Missouri. She graduated from Parkhill High School. Carissa has worked ever since graduating and has had various jobs, working in a print shop, cleaning at Hy-Vee and in the cafeteria at North Kansas City Hospital. Her current job and favorite of almost 10 years, is at Children's Mercy Hospital. At Children's she is a hospitality ambassador where she helps with various tasks. Last August her dream of getting married was fulfilled when she married Chris Ringot. The couple live in an apartment in Kansas City North. When not working, Carissa enjoys spending time with Chris, watching movies, participating in Special Olympics and playing the piano.



Carissa and Chris's parents will share their thoughts on the joys and challenges of raising children with Down syndrome, how they navigated special education and launched them out to be independent adults who are working, contributing in their community and now living with support as a happily married couple. The journey hasn't always been easy, but it's been full of amazing people who have come alongside to ensure Chris and Carissa are living their best life.

"THANK YOU for putting on such a wonderful conference every year! Speakers provide me great tips to help me better serve the students with Down syndrome in my classroom."



"The keynote speakers were AMAZING! I am so inspired by their messages and can't wait to see what my son's future holds"



"I met several other parents today during breakout sessions and we are planning on getting together for play dates in the future! That was an unexpected bonus beyond the great information I learned."



Select sessions which help you address current issues or plan ahead for the future!

Breakout Sessions 10:15 AM-11:45 AM

Seeing Success: Using Visual Supports to Promote Independence

Learn more about how using visuals at home, in school and out in the community can promote success and independence. Presenter will share great examples of visuals and teach you how to up your visual supports game!

Math that Works: Multisensory Math Supports for Exceptional Learners

Let's face it, math is hard for people with Down syndrome! But it's a critical life skill so we have to teach it. Participants will learn how number sense is acquired, how brain based instructional strategies and intentionally designed supports can boost math proficiency while reducing frustration. Participants will also learn how to work with their child's educational team to improve math outcomes.

Living Healthy with Down Syndrome

The directors of the pediatric and adult Down Syndrome Clinics at Children's Mercy Hospital and Kansas University Health System will share important medical updates and review suggested healthcare screening guidelines to help families ensure their loved ones receive appropriate preventative care.

Setting the Stage for a Good Life!

Families that have a vision for the future and a plan for achieving that vision are more likely to accomplish their agreed upon goals. Learn how to create a vision statement and build a support team that will embrace and support your long term plan. The Charting the LifeCourse framework was developed to help individuals with disabilities and families at any age or stage of life develop a vision for a good life, think about what they need to know and do, identify how to find, or develop supports, and discover what it takes to live the lives they want to live. This session will help you organize your ideas, vision, and goals, as well as problem-solve, navigate, and advocate for supports.

Breakout Sessions 1:00 PM-2:30 PM

Functional Skills for Adulthood

Would you like to encourage your loved one to live a more independent and socially active lifestyle while building their confidence level in the process? Many life skills needed to function in the world are easily attainable if you know where to start. In this session we will review important functional skills we all use on a daily basis as adults and how to teach people with Down syndrome to generalize these skills across settings.

So Happy and Loving All the Time? Not!

The myth that people with Down syndrome are so happy and loving will be debunked very quickly in this session as we review common behavioral challenges and how to address them through proactive strategies with consistent implementation across settings. Got behavior? This session is for you!

Fostering Independence

Is your loved one prompt, praise, and reward dependent? Do you spend a significant amount of the day trying to find ways to motivate the person you support to stay on task, engage in non-preferred tasks, try new things or make transitions successfully? This seminar will highlight strategies for fostering independence and how to address and reduce challenging behavior. Attendees will also learn how to help their child learn to manage their emotions and self-regulate while developing coping strategies

Improving Speech and Communication in Children with Down Syndrome

This presentation will address ways to inspire communication through natural opportunities within the home by using children's interests and motivation. We will explore ways to increase motivation through both likes, dislikes, and natural opportunities. We will explore Assistive Technology tools that aid in motivation and provide fun communication opportunities. We will discuss language expansion techniques and how to use them naturally in the home setting. Myths associated with Adaptive Communication Devices and their use and will be addressed and you will learn how to get support and services within the school district.



Breakout Sessions 2:45 PM-4:15 PM

Toilet Training: One Size Does Not Fit All

Toileting is like almost everything else in life - one size does not fit all! It is important to remember that what may work for one learner, may not work for another learner. Taking a holistic view of toilet training can increase understanding of how to adapt toilet training techniques to meet individual strengths and challenges. Come learn a variety of tips and strategies from an occupational therapist and Board Certified Behavior Analyst (BCBA) that can be individualized to your learner with Down syndrome.

Financial Planning for Families With Loved Ones With Special Needs

Are you losing sleep at night trying to plan for your child's future? This workshop brings together several key issues families may face regarding their financial goals as well as transitional planning for their loved one. Participants will learn more about Special Needs Trusts and the responsibility a trustee takes on, how to maintain your child's standard of living and how to develop a plan that includes all members of the family. We will also cover ABLE accounts and how they can protect your child's future.

Will My Child Work?

Research tells us that the more active adults with Down syndrome are, the better their quality of life will be. Employability starts at an early age and parents will be integral to their children's workforce readiness. Learn important skills you can teach your child at every age and stage to help them successfully find and keep jobs in adulthood. If you are thinking my child is too young, I don't need this session, think again! Preparing your child to be workforce ready starts at an early age.

I Can Write! Enhancing Early Writing Skills

Do you need ideas for how to get your little one's hands busy in meaningful activities at home? Are age-level fine-motor and writing skills difficult for your child? Does your child have a tablet but you are unsure which app to choose to help your child's writing skills? Come to this session to learn creative, easy-to-implement strategies to support

your child's development in fine-motor and writing skills. This session is presented by an occupational therapist with 20 years of experience working with kids with Down syndrome.



DOWN SYNDROME INNOVATIONS

Down Syndrome Innovations is your trusted source for life-changing services for people with Down syndrome, their families, and communities. Our expert resources, comprehensive support, and partnership with families empower and enable individuals with Down syndrome to live to their fullest potential.

MISSION

Our life-changing support and services enable people with Down syndrome to live to their fullest potential.

VISION

We serve as the expert resource and lead community mobilizer, sharing knowledge and creating solutions for people with Down syndrome.

kcdsi.org



*Saturday, October 16
Arrowhead Stadium*

stepupwalk.org

Our Annual Step Up for Down Syndrome Walk helps Down Syndrome Innovation provide life-changing support and services that enable people with Down syndrome to live to their fullest potential. Your participation will impact the families we serve now—and for generations to come!

"The conference presenters were great! I learned about medical issues and how to keep my son healthy and thriving."



*Door Prize
Drawing at 4:15 PM*

*Must be present to win!
\$50 Target Gift Card
\$25 Starbucks Gift Card*

"I am leaving the conference today with great information I can use now and in the future to help my daughter.."

Conference Location

"As a grandma I can't tell you how valuable this information was to me. I know I am better prepared now to help my grand daughter to be more independent as she grows up."



OVERLAND PARK
K A N S A S
CONVENTION CENTER

6000 College Boulevard
Overland Park, KS 66211
913-234-2100

Parking for the conference

Parking is FREE at the Overland Park Convention Center. Park in the rear and enter glass doors. We will be on the first floor right inside the entrance.

Meals during the conference

Continental breakfast and boxed lunch are provided with your registration. We will have gluten free options available. If you have any special dietary requests please email them to info@kcdsg.org by November 7th so we can accommodate you.

Need accommodations while attending the conference?

Sheraton Overland Park
6100 College Boulevard
Overland Park, KS

Hilton Garden Inn
5800 College Boulevard
Overland Park, KS

Courtyard Marriott
11001 Woodson Street
Overland Park, KS

Hyatt Place
11620 Ash Street
Leawood, KS

Drury Inn
10963 Metcalf
Overland Park, KS

Embassy Suites
10601 Metcalf
Overland Park, KS

Directions to Overland Park Convention Center

The convention center has over 1,000 FREE parking spaces. When you arrive, drive to the rear of the facility and enter at ground level through the glass doors.

Directions From KCI Airport

Approximately 30 miles
• Take 435 West
• Take 435 South (which turns into 435 East)
• Right on Metcalf Exit (#169)
• Left on College Boulevard
• Left on Woodson

Directions From I-35 Northbound

• Take I-35 North
• I-435 East Exit
• Nall Avenue South Exit
• West on College Boulevard
• Right on Woodson

Directions From I-35 Southbound

• Take I-35 South
• 69 South Exit
• College Blvd. East Exit
• Left on Woodson

Directions From I-70 Eastbound

• Take I-70 East
• 435 South Exit (which turns into 435 East)
• Right on Metcalf Exit (#169)
• Left on College Boulevard
• Left on Woodson

Directions From I-70 Westbound

• Take I-70 West
• 435 South Exit (which turns into 435 West)
• Left on Metcalf Exit
• Left on College Boulevard
• Left on Woodson



*Coffee and
Conversation
8:00 AM-8:45 AM*

Get your conference off to a great start by arriving early to ask questions, share resources, catch up with old friends and meet new people.

"Keys to Success Conference" Registration Form
\$65 per person includes continental breakfast and boxed lunch
Register online at kcdsi.org/conference

Name(s): _____

Address: _____ City, State, Zip: _____

Phone: _____ Email: _____

I am a: (check any that apply to you in relation to someone with Down syndrome)

☐ Parent ☐ Family Member ☐ Educator ☐ Therapist ☐ Service Provider ☐ Other:

My Breakout Session Choices Are:

First Breakout Session 10:15-11:45

I will attend the following session

☐ Seeing Success: Using Visual Supports

☐ Multi-Sensory Math Supports

☐ Living Healthy with Down Syndrome

☐ Setting the Stage for a Good Life

Second Breakout Session 1:00-2:30

I will attend the following session

☐ Functional Skills for Adulthood

☐ So Happy and Loving All the Time NOT!

☐ Fostering Independence

☐ Improving Speech and Communication

Third Breakout Session 2:45-4:15

I will attend the following session

☐ Toilet Training: One Size DOES NOT Fit All

☐ Financial Planning for Families

☐ Workforce Readiness Starts NOW!

☐ Supporting Early Writing Skills

Registration Deadline November 4, 2021

☐ I have enclosed a check made payable to DSG ☐ Purchase Order# _____

Please Charge my Visa or MasterCard # : _____ Exp. _____

Name on Credit Card: _____ CVV Code # _____

Fax form to 913-384-4949



Registration \$65 per person \$ _____
Includes the following:
Conference Sessions
Continental Breakfast
Box Lunch

Total Amount enclosed/charged to my credit card \$ _____

Questions about the conference?
Contact (913)384-4848 or info@kcdsi.org